












Premature/Newborn Cradle Position

Healthcare providers strongly recommend using the premature/newborn hold until your baby is four to six weeks old. This provides the proper support for your baby's developing hips and spine, as well as proper support for their neck and head. The Premature/Newborn instructions on the following pages are given as though you will be positioning your baby towards your left side. Initially, you may be most comfortable positioning your baby in the CuddlyWrap™ while you are seated. The Premature/Newborn Hold can be used for babies from birth to about four months.

<p>1. Unfold the wrap and find the CuddlyWrap™ logo at the centre.</p>		<p>7. Follow the first 6 steps, making sure that in Step 5, the right side of the CuddlyWrap™ crosses over the left before bringing the ends around your waist to your back.</p>	
<p>2. Place the CuddlyWrap™ around your waist, logo at the top edge, and bring ends to your back. For a heavier baby, over 14 pounds start with the logo label above your waist.</p>		<p>8. Fan the wrap completely down your left arm.</p>	
<p>3. Cross the fabric behind your back and bring each side up and over your shoulders to the front. Be sure to keep the same edge as the logo closest to your neck. Fan the fabric over your back and shoulders so that your baby's weight will be evenly distributed.</p>		<p>9. Cradle your baby on top of the fabric on your left arm.</p>	
<p>4. Place both sides of the fabric underneath the section with the logo. Make sure both sides are pulled snugly.</p>		<p>10. Pull the lower edge of the CuddlyWrap™ up over your baby's head, body, and bottom to form a pocket. The fold or pocket must be over the baby's head to provide the proper head support. Complete the fold over your shoulder and upper back.</p>	
<p>5. Cross again and bring around your waist to your back.</p>		<p>11. With the fabric on the right side, form a pocket around the baby's legs and feet, continuing to fan the fabric around the baby's body. Complete the fold over your shoulder and upper back.</p>	
<p>6. You may tie a double knot here, or bring the ends around to one side and tie, or bring the ends around to the front again and tie.</p>		<p>12. Find the logo tag from the centre of the CuddlyWrap™ and pull this portion of fabric up and over your baby. Completing this step is vital to ensure your baby's security in the CuddlyWrap™.</p>	